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Homeless man's shack destroyed

Brush fire burns makeshift shelter of five years

PAGE 3

Egypt gets interim prez

Crackdown on Muslim Brotherhood begins as supporters cry foul

PAGE 11

THE (TRAILER) BOYS ARE BACK IN TOWN

RICKY, JULIAN AND BUBBLES ANNOUNCE NEW SEASON TO AIR ONLINE

PAGE 8



Gypsophilia set to open 'smile factory'



Four members from Gypsophilia, from left, Adam Fine, Alec Frith, Ross Burns and Gina Burgess pose for a photo on Thursday. The band, which got its start at the Jazz Festival, will be helping to kick off this year's festival on Friday night. JEFF HARPER/METRO

Groovin'. Halifax Jazz Festival runs Friday through July 13



HALEY RYAN

haley.ryan@metronews.ca

Nine years ago, hometown band Gypsophilia had their first show — and they didn't even exist yet.

The popular gypsy jazz, funk, klezmer and classical band was born at the 2004 Halifax Jazz Festival when seven musicians came together for Gypsophilia: A Tribute to Django Reinhardt.

"We had no plans whatsoever other than to just do that one show," said double-bass player Adam Fine, seated in a north-end Halifax coffee shop with four of the seven-piece ensemble on Thursday.

"People were coming up going 'Where can I buy your CD?' And it was like, 'Well, we don't even have a CD,'" said guitarist Alec Frith.

Frith said he became obsessed with Reinhardt's sound years ago, and bandmate Ross Burns (guitar) told him to start a group because the style was "so much fun."

"We take it seriously, but the aspect we take seriously is making people dance and smile and have fun," said Frith. "As long as we're a smile factory then everything's good."

Burns said the key to their toe-tapping shows is not to over-practise or try perfecting a solo.

"The music and the show is for people," Burns said with a smile. "It's more of a petting zoo than a high-art gallery."

Frith agreed, noting that the "inherently silly" nature of the band, their different talents and retro style set them apart.

"Ross is a capoeira teacher, so there are back flips and handstands in our show, which most jazz bands don't really incorporate," Frith said.

Frith, Burns and Fine will join Gina Burgess (violin), Sageev Oore (piano), Nick Wilkinson (guitar) and Matt Myer (trumpet) for Gypsophilia's show Friday night at the Community House at 11:30 p.m.

"It feels like a week-long feast of musical excitement, whether we're playing or not," Burns said of the Jazz Festival.

FOR MORE COVERAGE, SEE PAGE 6

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Homeless man's makeshift shelter goes up in flames

Investigation. About two dozen firefighters and police on scene

CLARK JANG
halifax@metronews.ca

A homeless man in Dartmouth has lost his makeshift shelter after it was consumed by a small brush fire Thursday morning.

A call came in just before 10:30 a.m. about the fire in a wooded area of defence department property behind Mosher Drive in the Burnside Industrial Park.

The man, calling himself Don the Snowman, told Metro he suspects the fire started after a candle he left burning to ward off bugs tipped over, igniting tarps around the three-bedroom camp and causing a miniature propane tank to explode.

"That's the only thing I can say it was, but I can't prove it



A man who refers to himself as Don the Snowman speaks to media about the fire.

JEFF HARPER/METRO

was the candle," said the man.

The man lived in the shack for the past five years, preferring the wilderness instead of the streets of Halifax.

"I do what I have to do," he said. "I'm a survivor."

Mike Bonin, a spokesman for the Canadian Forces Base in Halifax, said the man is known to the military, and that he has been evicted from the property before.



Firefighters pack up after responding to a small fire in the brush behind the railway tracks near 43 Mosher Dr. in Dartmouth on Thursday. JEFF HARPER/METRO

"He was told he was on property that was not his, that he was trespassing, and he was removed several times," said Bonin.

By noon, Bonin said the fire was contained, as white smoke billowed from the woods.

An explosive-disposal team from the Defence Department also searched the area as a precaution due to an ordinance in place following the 1945 explosion of an ammunition depot in the area.

Bonin said police will in-

vestigate the cause of the fire and how to negate similar events in the future. He said it was too early to determine if charges will be laid against the man.

"He is safe, and that is the important factor," said Bonin.

Percy Paris assault case sent to adult diversion



Percy Paris
METRO FILE

The case of a former Nova Scotia cabinet minister charged with assaulting another politician inside a washroom at the provincial legislature has been diverted for resolution outside the court system.

Crown attorney Denise Smith, appearing Thursday in provincial court in Halifax, said the accused, former economic development

minister Percy Paris, should have his case dealt with through the adult diversion program.

Provincial court Judge Michael Sherar agreed, setting the matter over to Oct. 24.

Paris did not appear in court Thursday. His lawyer, Elizabeth Buckle, confirmed he was willing to participate in the program.

Liberal Keith Colwell alleges he was assaulted by Paris on May 9 as the two were arguing in a washroom next to the legislative chamber.

Paris resigned from cabinet a few hours later when Halifax police charged him with assault and uttering threats. Both men are 65 years old.

THE CANADIAN PRESS

In support of Paris

- On Thursday, Premier Darrell Dexter said he intends to put Percy Paris back in cabinet. "I'm looking forward to having him back," Dexter said. "He's been a valuable member of our team."

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1 NEWS

High bacteria. Three more HRM beaches closed

Make it six closed HRM beaches now, due to high bacteria levels.

On Thursday, the municipality announced that beaches at Albro Lake in Dartmouth, Sandy Lake in Bedford and Long Pond on Herring Cove Road are closed to swimmers.

The popular swimming areas join Kinsmen Beach on First Lake in Sackville and Black Rock Beach and the Dingle Beach in Halifax, which have been closed for several days because of high bacteria counts.

"HRM regularly tests the water quality at its supervised beaches and recent test results indicate bacteria levels at these beaches exceed Health Canada swimming



The city will advise the public when the beaches are reopened. METRO FILE

guidelines," a release from the municipality says.

It says the public will be advised when the beaches reopen. METRO

Halifax Water. Conserve your H2O this weekend

People looking to cool off this weekend are going to have to do it without municipal spray parks.

HRM announced on Thursday that it will be closing its spray parks at Isleview Street playground, Westmount-Edward Arab Avenue, the George Dixon Centre and the Halifax Common starting on Friday at 3 p.m. and running until

Monday.

In a release, HRM says this is a "precautionary measure" due to the work being done on the Pockwock water-main transmission this weekend. It's also a safety measure, should a boil-water order take place.

Halifax Water has asked residents in HRM to reduce their water consumption during the weekend project. METRO

Dartmouth

Suspected break-in attempts minutes apart: Cops

Police are asking for tips about two suspicious incidents in Dartmouth.

At 11:22 p.m. on Wednesday, police say a man awoke to noises near his home on the 200 block of Windmill Road. When he looked outside, police say he saw two people on his property, including one with a flashlight. A window screen was removed, but police say no one went inside.

At 11:30 p.m. on nearby Pelzant Street, police were called after an elderly woman heard several knocks on her door. She didn't answer the door or see anyone. Police were called to both incidents and found no one.

Anyone with information about either incident is asked to contact police or Crime Stoppers. METRO

Flood alert

Bridge closed as rivers rise in southwest

Residents of the village of Quinan in southwestern Nova Scotia are being warned to prepare for a possible flood.

Rising water levels of the Tusket and Quinan rivers forced the closure on Wednesday of the Bad Falls Bridge, and the Transportation Department says it continues to monitor the Frotten Road Bridge in the community.

The Emergency Management Office in nearby Argyle says the Bad Falls Bridge provides access to a Nova Scotia Power dam, and no residents are impacted by its closure.

However, about 20 residents have been told they may have to leave their homes if the other bridge shuts down.

THE CANADIAN PRESS



Paramedics are in a position to strike on Saturday morning, but a union spokesman said they will stay on the job if ordered to. ANDREW VAUGHAN/THE CANADIAN PRESS

Government to deal with paramedic labour dispute

Legislature to reconvene on Friday.

Legal strike position set for 12:01 a.m. Saturday

Reaction

- Progressive Conservative Leader Jamie Baillie on Thursday accused the government of meddling in negotiations, adding he expects the two sides to be pushed into arbitration by the province.

Nova Scotia's labour minister isn't saying what legislative steps the government will take in a labour dispute involving the province's 800 paramedics when the legislature is recalled on Friday, but he assured the public that safety will not be put at risk with a strike.

Frank Corbett said Thursday that the province wanted to give Local 727 of the International Union of Operating Engineers and their employer one last chance to meet with a

conciliator before the house of assembly resumes.

He said if the paramedics walk off the job on Saturday, the safety of Nova Scotians would be affected and the government can't allow that.

"It will be a bill that protects the health and safety of the people of Nova Scotia so they will not be harmed in any way," Corbett said after a

cabinet meeting, refusing to elaborate on the details of the legislation.

Union spokesman Terry Chapman said later on Thursday that the conciliator did contact the union and was told its position is firm.

"The mandate of the membership stands, and any less than that will not do," Chapman said.

He also said there were no talks planned with the employer, Emergency Medical Care Inc., something a company spokeswoman also confirmed in an email.

However, he did say that paramedics would stay on the job if ordered to.

"Of course we won't break the law and go on an illegal strike."

Union members have re-

peatedly rejected offers from Emergency Medical Care, recently voting 73 per cent against a deal that would have given them a defined-benefit pension plan, one of their key demands.

At information pickets after the rejection of the contract, union members said they're also seeking better wages.

Some said they're looking for a 15 per cent pay hike over three years, rather than the 11.1 per cent over almost five years that was offered in the tentative agreement.

The company said primary-care paramedics with five or more years of service earn \$50,396 a year, while critical-care paramedics with the same amount of service make \$67,369.

THE CANADIAN PRESS

Ferry proposals to be made public on Friday

The deadline to submit business plans for a proposed ferry service based in Yarmouth passed on Thursday, but the province won't make the results public until Friday.

A spokeswoman with the premier's office says Graham Steele, minister of economic

and rural development and tourism, will be available Friday morning to answer questions about the submitted proposals.

The government had previously extended the deadline for business plans by two weeks. It rejected two bids this year, saying neither

met the criteria for a viable operation.

The Yarmouth-to-Maine link was discontinued in December 2009, after the provincial government cut its subsidies when it concluded the money-losing business wasn't viable.

THE CANADIAN PRESS

Rocking the boat

\$21M

The province faced sharp criticism for killing the ferry subsidies and is now offering \$21 million over seven years to restart the service.



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One love, let's get together at the Halifax Jazz Festival

Top acts. The Wailers, the backing band for the late Bob Marley, and Dr. John are among the marquee acts at this year's fest



HALEY
RYAN

haley.ryan@metronews.ca

Get ready to wail for the doctor — the annual Halifax Jazz Festival is back with more free shows and headliners than ever before.

From Friday through July 13, dozens of music styles will be heard around the city as 500 artists take the stage at free day-time gigs and midnight parties.

"We do have some pretty major acts," said Lulu Healy,

artistic director of the festival.

New Orleans psychedelic funk legend Dr. John, who has played with Aretha Franklin, Van Morrison and the Rolling Stones, kicks off the festival Friday night.

Healy said they were also really lucky to nab the Wailers, a reggae group that gained popularity in the 1970s with Bob Marley, for next Friday evening.

This year, the festival will host its first all-ages evening show at the Pavilion featuring the Ottawa DJ group A Tribe Called Red.

"It's just a chance for underage people to come and see some of the groups that play in the clubs," Healy said.

A new venue this year includes the re-vamped Marquee, where Healy said the closing party will be held alongside Cyndi Cain's album release on July 13.

Get your tickets

Buy tickets online at halifaxjazzfestival.ca, self-serve kiosks at Jazz East or Bubba Ray's, the festival box office or at the door.



While Healy said the festival offers free shows from noon to 5 p.m. every day, three evening shows at the festival tent offer a free opportunity for people to discover a new favourite artist.

"There's not very many presenters in town that present jazz and world music and blues, so it's unique," Healy said.

The festival tent pass runs \$125 and an all-events pass is \$225 for the week. The main tent is set up on the corner of Lower Water Street at the Salt-er Street extension.



Lulu Healy, artistic director of the Halifax Jazz Festival. METRO FILE

Crime. 2 charged in missing fisherman case make bail

Two of four people charged in connection with the disappearance and murder of a Cape Breton fisherman have been released from custody.

Craig Landry, who faces a charge of second-degree murder in Phillip Boudreau's death, was released on \$50,000 bail after a hearing Thursday in provincial Supreme Court in Port Hawkesbury.

Co-accused Carla Ann Samson, who is charged with being an accessory after the fact, was

freed on \$25,000 bail.

Both have been ordered to follow a number of conditions.

The two were charged after Boudreau went missing in the waters of Petit-de-Grat harbour on June 1.

His overturned boat was later found, but police have never recovered his body.

Dwayne Matthew Samson and his father-in-law, James Joseph Landry, are also charged with second-degree murder.

THE CANADIAN PRESS

Speed fine tossed out over long wait

Quoted

"Each case is unique. But 12 months, 19 days is (out of the ordinary)."

Judge Paul B. Scovil

A speeding fine was tossed out of Amherst provincial court this week after the recipient successfully argued that waiting for the matter to go to court violated his Charter rights.

George Edward Kalinowski was stopped near Salt-springs, between Springhill and Amherst, on Feb. 17, 2012, and issued a ticket for speeding one to 15 km/h above the posted limit.

His ticket contained the note that he was required to

either plead guilty and pay the fine, or notify the court he intended to appear before a judge.

Kalinowski chose the latter.

In a decision, released

Thursday, Judge Paul B. Scovil summarized, "In relation to the facts, they are fairly straightforward. The accused was stopped and ticketed for a violation.... The applicant appeared in New

Glasgow provincial court's administrative office and filed a notice of intention to plead not guilty and have a trial. The first date available was set, which was for today, some 12 months and 19 days later."

And therein lay the rub.

Kalinowski argued the delay violated his Charter right to be tried within a reasonable amount of time, which Scovil ultimately agreed with.

AMHERST DAILY NEWS

SUMMER SIDEWALK SALE

Friday, July 5 - Saturday, July 13

At participating Park Lane Shops. Restrictions apply. See stores for details.

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Pockwock Water Transmission Main Upgrade

Beginning this evening (Friday, July 5th) Halifax Water will be performing a scheduled 24 hour shutdown to a section of the Pockwock water transmission main on Kearney Lake Rd. to allow for the renewal of 1.7km of 1200mm. diameter pipe at a cost of \$11 million. The Pockwock water supply serves customers in Halifax, Bedford, Sackville, Fall River, Waverley, and Timberlea though not all customers will be affected by this work.

During this shutdown, customers will be supplied by a system of reservoirs, flows from Dartmouth via the MacDonald Bridge water line, and possibly the Chain Lake back-up water supply.

If the Chain Lake back-up water supply is activated, a boil water advisory will be issued for affected customers.

Should a boil water advisory be issued, some customers on the Halifax side of the harbour (see attached map) will be required to boil their water as a precautionary measure. Only customers within the defined map area will be required to boil their water.

If a boil water advisory is issued you should:

- Boil water using a pot, a kettle on the stove, an electric kettle without an automatic shut-off or a microwave oven.
- Heat the water until bubbles come from the bottom of the pot.
- Once the water reaches a rolling boil, let it boil for 1 minute.
- **Turn off the heat source and let the water cool.**
- Pour the water into a clean container with a cover for storage.

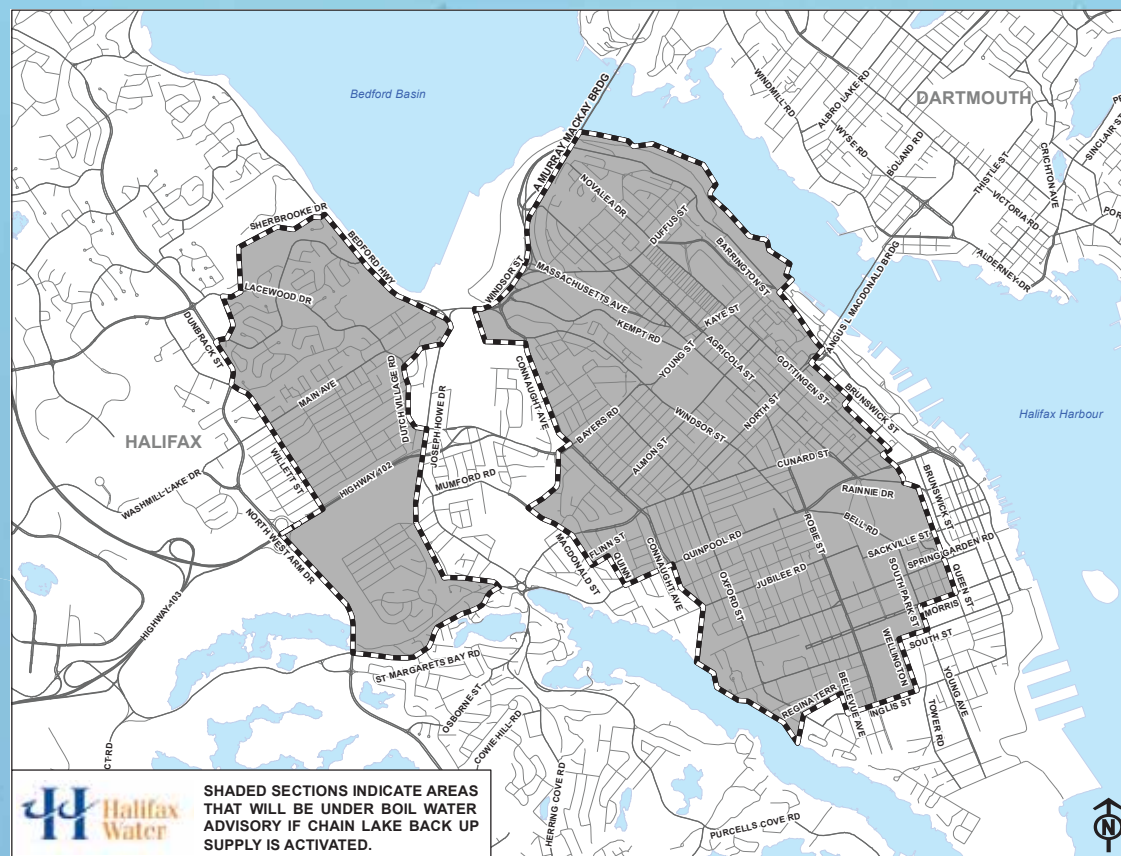
Use cooled, boiled water for:

- Drinking.
- Brushing teeth.
- Preparing and cooking food.
- Preparing infant formula.
- Making ice.
- Water for pets.

All Halifax Water customers are asked to reduce water usage (ie. lawn/garden watering, car washing, pool filling, washing of laundry etc...) on July 5th, 6th, and 7th while this phase of the project is undertaken as this will reduce the need to activate the Chain Lake supply and the resulting boil water advisory.

Full Pockwock Project information, instructions on water usage during a boil water advisory, potential boil water zone map, and frequently asked questions are available at www.halifaxwater.ca, www.halifax.ca (click on the Pockwock Project link), Twitter at @HalifaxWater, by calling Halifax Water's Customer Service Centre at 490-4820, or offices of Nova Scotia Environment.

We apologize for any inconvenience this necessary infrastructure work may cause.





The Trailer Park Boys, from left, John Paul Tremblay, Mike Smith and Rob Wells, are returning for Season 8 of the hit series. METRO FILE

Trailer Park Boys steal the show

Guess who's back.

Trio embarking on eighth season of hit series after acquiring rights to franchise

CLARK JANG

halifax@metronews.ca

Ricky, Julian and Bubbles were back at the liquor, but there wasn't a beer or mixed drink in sight.

The Trailer Park Boys — Rob Wells, John Paul Tremblay and Mike Smith — were poppin' the bubbly and mini confetti sticks on Thursday during a live announcement on their website, Swearnet.com, to celebrate the upcoming eighth season of their show and their acquisition of the franchise that brought them notoriety.

"We acquired everything,

Need-to-know

Season 8 is slated to start filming on July 17 and will premiere on the boys' website, Swearnet.com.

all the Trailer Park Boys s—," said Smith in the announcement. "We're going to be making Season 8 and the f—in' Swearnet cameras are going to be following Ricky, Julian and Bubbles around quite a bit from this point on."

After more than a year of negotiations, Wells, Tremblay and Smith acquired the rights to Trailer Park Boys from former producers Mike Clattenburg, Barrie Dunn and Mike Volpe.

"While the three of us have moved on to different TV and film projects, the boys are the only ones with the intimate knowledge and love of the show to keep Trailer Park Boys

alive and well," said Clattenburg in a release on Thursday.

The trailer-park trio have acquired all prior TV series and specials, the first and second movies, and all combined assets and intellectual-property rights. However, the deal does not include the upcoming movie Don't Legalize It, slated for a 2013-14 release date.

After the six-minute announcement, the boys took to the Swearnet Facebook page to answer questions about the upcoming season.

According to the Swearnet account, John Dunsworth will be reprising his role as trailer-park supervisor Jim Lahey, Sam Tarasco will return as the greasy caveman Sam Losco and Conky the ventriloquist puppet may even make a guest appearance.

The series previously shown on Showcase wrapped up its seven-year TV run in June 2007.

Your say

With the return of the Trailer Park Boys franchise, we asked our readers for their favourite moments from the hit series.

TWITTER:

@mitch_p_y ●●●●
Has to be when J-Roc was caught masterbating. #classic

@Pierce_Jenn ●●●●
\$2 worth of pepperoni and a bag of ja-la-pa-no chips. :)

@CaptSwiggy ●●●●
Hal-Uh-Peno, not galapeno. Ricky: I know how to pronounce it, I ordered galapeno.

@Frank_Mag ●●●●
No question; Mr. Lahey to Randy; "I am the liquor"



@HalifaxHerdcast ●●●●
The closer to the heart episode with Alex Lifeson was always one of my favourite episodes. Laughed through the whole thing!

@epickidneyfail ●●●●
Must be when the boys hijacked Rita MacNeil's bus. A workin' man I am...

@_RPM ●●●●
1 Favorite moment? June 10, 2007, when the final episode finished...

FACEBOOK:

Michelle Raniere ●●●●
The stealing meat episode where Bubbles is high in the get away car jamming to casino taxis radio ad.

Sean Dewitt ●●●●
Way too many funny moments to pick one, but I did get a big kick out of Ricky kidnapping Alex from Rush and trying to convince him he was only "borrowing" him lol.

Constant Namechange ●●●●
"Even sexy guys go to jail Julian" — Jim Lahey

Burnley Bertolo ●●●●
Microphone assassin episode. I to the ROC is my favorite character. Hopefully he signs on to continue and plays a bigger role.

Shaggy Walkabouts ●●●●
The one where Ricky get electrocuted trying to fix the power at Julian's. and he ends up trying to light a smoke that's not there. Then later in the episode his smoke 2-3 smokes at a time lmao



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Stampede crews running roughshod over flood woes

Calgary Stampede.

While some events have been cancelled or moved, the show is on

CANDICE
WARD

For Metro in Calgary

"Come hell or high water," the Calgary Stampede was back on its way to a Friday kickoff without a hitch — or just a few.

By Thursday, the Stampede grounds had undergone a tremendous transformation. Just two weeks ago, the Stampede grounds were under as much as 14 feet of water, and up to 100,000 Albertans were forced from their homes. Now, they're set to welcome the world to the 101st Greatest Outdoor Show on Earth.

"Seeing the extent of the damage was pretty powerful. There was a lot of water sitting in virtually every corner of the park," said Kurt Kadatz, spokesperson for the Stampede.

Crews have been working around the clock since last week's announcement that the show would, in fact, go on.

"Somehow, there has been a real spirit of optimism



Before and after: Two separate shots of the Calgary Stampede infield, where the rodeo and chuckwagon events take place, show the overwhelming flood waters on June 22, left, and the work that had been done by July 1. CANDICE WARD/FOR METRO IN CALGARY

among our employees. There was a sense of camaraderie. We would rally together ... and overcome," said Kadatz.

On much of the grounds, it looked like business as usual. While the BMO Centre sustained marginal damage, the setup for the Western Showcase has remained on schedule. However, some events

had to be moved to other locations or were cancelled.

Hardest hit was the Saddledome, which lost the whole event level with flood water reaching row eight. News broke on Tuesday that the entire Stampede Concert Series had been cancelled.

In the face of these types of challenges throughout the

city, Mayor Naheed Nenshi is hoping that an end to the state of emergency and a new national ad campaign will be enough to bring travellers back.

"A lot of people have lost wages over the time we've been closed, and many of those folks depend on the tourism industry ... and of

course they make their bread and butter during Stampede," he said.

"Whether you're working in a restaurant or in a hotel or a retail business, we need to get those people back up again. They've suffered enough. It's a chance to show the world we're back."

WITH FILES FROM THE CANADIAN PRESS

Under the wire

Workers in a rush to rodeo readiness

For the crew working on rebuilding the track and the infield at the Stampede Grounds, it was a rush to the finish line.

"By far this is the largest obstacle the Stampede has had to overcome in getting ready for the 10-day show. If it had been a couple days later, I am not sure we would have been ready," said Warren Connell, vice-president of park development for the Calgary Stampede.

Connell said the whole track had to be rebuilt from scratch, including hauling out tonnes of contaminated soil and bringing in fresh dirt, clay, sand and organics.

"I have never seen the track in such bad shape. It was basically wiped out, right to the base," said Connell, who has been with the Stampede for 30 years.

"I was pretty devastated." METRO

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Egypt swears in interim president

Top judge takes reins.
Muslim Brotherhood leader arrested amid fears of violent backlash

A senior judge was sworn in as Egypt's interim president Thursday to replace ousted Islamist President Mohammed Morsi as the military launched a major crackdown against the Muslim Brotherhood. Reeling from what it called a military coup against democracy, the group said it would not work with the new political system.

The sweep against the Brotherhood leadership included the group's top leader, General Guide Mohammed Badie. He was arrested late Wednesday at a Mediterranean coastal city and flown by

helicopter to Cairo, security officials said.

The move against the Brotherhood raises deep questions over how Islamists will fit into Egypt's new political system after the military on Wednesday swept out Morsi, the country's first freely elected president. The army says it did so in the name of millions of Egyptians who had taken to the streets, demanding Morsi be removed.

In the first step toward setting up a post-Morsi leadership, the chief judge of the Supreme Constitutional Court Adly Mansour took the oath as interim president before his fellow judges at the court.

There are fears of a violent backlash from Islamists against the army move, particularly from hard-liners, some of whom belong to former armed militant groups.



Egyptian soldiers secure the area around Nasser City where Muslim Brotherhood supporters gathered, Thursday in Egypt. HASSAN AMMAR/THE ASSOCIATED PRESS

Clashes between Islamists and police erupted in multiple places around the country after the army's announce-

ment of Morsi's removal Wednesday night, leaving at least nine dead.

THE ASSOCIATED PRESS

'Repressive' policies?

Military cracks down on media

Egyptian authorities shut down four Islamist TV stations, banned the Muslim Brotherhood's newspaper and raided the office of Al-Jazeera's Egypt affiliate in a crackdown on media considered sympathetic to ousted President Mohammed Morsi, bringing an outcry Thursday from rights groups, who said the moves appeared to be an attempt to intimidate pro-Morsi media and shut off their viewpoints.

Among the shuttered

stations was the Misi25 channel, run by the Brotherhood. It went off the air Wednesday night just as it was airing pro-Morsi protesters chanting, "Down with military rule" after Egypt's military chief announced that Morsi had been removed.

Also targeted was Al-Jazeera Live Egypt, or Mubasher Misi, an affiliate of the Qatar-based Al-Jazeera TV network. Late Wednesday night, police raided the station's offices, detaining 28 staffers, Al-Jazeera said in a statement Thursday. All have since been released, except the managing director and the broadcast engineer. THE ASSOCIATED PRESS

'Tenacious.' B.C. woman survives 4 days at sea on rainwater, seabird



KATE WEBB
Metro in Vancouver

A woman from Grand Forks, B.C., who was lost at sea off the coast of Honduras for four days, says it's a "miracle" she and eight friends survived living off of rainwater and a seabird.

Tasha Brown, 20, and her group set out on an island expedition for fun on Saturday, but on the way, their nine-metre boat ran out of gas.

After several unsuccessful

attempts to flag down other boats, they decided to take a break for the night and go to sleep.

"In the morning we wake up and the drift had taken us out and it's open water everywhere we are," Brown told Metro.

"So people started talking like, 'Man, this could get serious. We don't got water. We don't got food, we don't got gas.'"

The group determined their position by watching the movement of the sun and

started to paddle for land. Brown — whose mother describes her as "tenacious" — also took turns getting out of the boat and towing it while swimming, despite the fact they were in shark-infested waters.

"I tell you, the days were the longest days of our lives," she said. "But I'd rather die being eaten by a shark than die lying down."

A storm eventually provided them with fresh water, and one of the men on board also caught a seabird mid-air



Tasha Brown
COURTESY BROWN FAMILY

and roasted it on the sizzling hood of the boat. Brown said it tasted like "turkey jerky."

By Wednesday morning, a U.S. Coast Guard plane had spotted the sunburned bunch and a rescue helicopter soon followed. U.S. Coast Guard spokesman Gabe Somma said they were found about 88 kilometres northwest of Utila, Honduras.

"We all just screamed," Brown recalled of that moment. "Almost all of us were crying, like, 'Yes! We're going to be OK.' It was amazing."

Brown is a medic and was in Honduras doing a rescue diving course. She missed her flight home because of the ordeal, but is expected to return to B.C. within the next few days.

The search for Brown, two Americans and six Hondurans spanned more than 11,600 square kilometres, and involved the Honduran navy, the U.S. Coast Guard and aircraft attached to the U.S. Southern Command in Honduras. WITH FILES FROM THE CANADIAN PRESS

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Glassing around on the streets of London

Wearable computers.

A Metro reporter tries Google's high-tech specs — and feels like a Borg



SCOTT
TAYLOR
Metro in London, Ont.

It's pretty cool. That's about as tech savvy as I get, but it's also

an apt description of the new Google Glass.

Most people have at least seen pictures of it by now. You wear the device like glasses, but use it like a smartphone. There are no lenses, but there is a small screen above your right eye from which emanates the world — as both you, and Google, would like to see it.

Basically anything that can be done on a smartphone can be done with Google Glass. You

can surf the web, make calls, send emails and texts, shoot photos and take video.

Voices.com CEO David Ciccarelli is one of a handful of people in Canada known as Glass Explorers, who earned the right to be Google guinea pigs by winning a draw — and paying \$1,500 for the product.

He's now showing the gizmo off to others, including yours truly from Metro London. So what's right and what's

wrong with Google Glass?

At first blush, it's hard not to be impressed. The device doesn't feel intrusive because the frame is lightweight titanium and, as mentioned, there are no lenses to smudge. There's also no earpiece because sound is transmitted via bone conduction.

You look up to see the screen, which can be controlled, for the most part, with voice commands. Initially, it

looks to be about the size of a postage stamp, but it seems to grow and become easier to see with each passing second.

Looking at a photo of myself wearing Glass, though, I was reminded of the Borg from Star Trek: The Next Generation.

Yes, people will walk into trees and some will video people and things they shouldn't, but for a first stab at a wearable computer, it's pretty cool.



No, it's not a scene from *Minority Report*. It's Metro London's Scott Taylor trying out one of the hottest tech trends not yet on the market.

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Carney watch. BoE explains reason for interest-rate policy

Mark Carney is already causing ripples in Britain in his first week as governor of the Bank of England, even though his methods would be considered old hat in Canada.

Eschewing past practice, the British central bank went beyond simply announcing no changes to the 0.5 per cent key interest rate Thursday as it also published a statement explaining the reasoning and suggesting rates would remain depressed for some time.

The dovish statement had

the effect of boosting equity prices in England and dropping the pound one cent to \$1.51 US.

Under the previous governor, the bank's Monetary Policy Committee would typically issue no comment when policy was left unchanged. But instead the central bank gave some indication where matters are heading by declaring that "the implied rise in the expected future path of bank rate was not warranted by the recent developments in the domestic economy." **THE CANADIAN PRESS**

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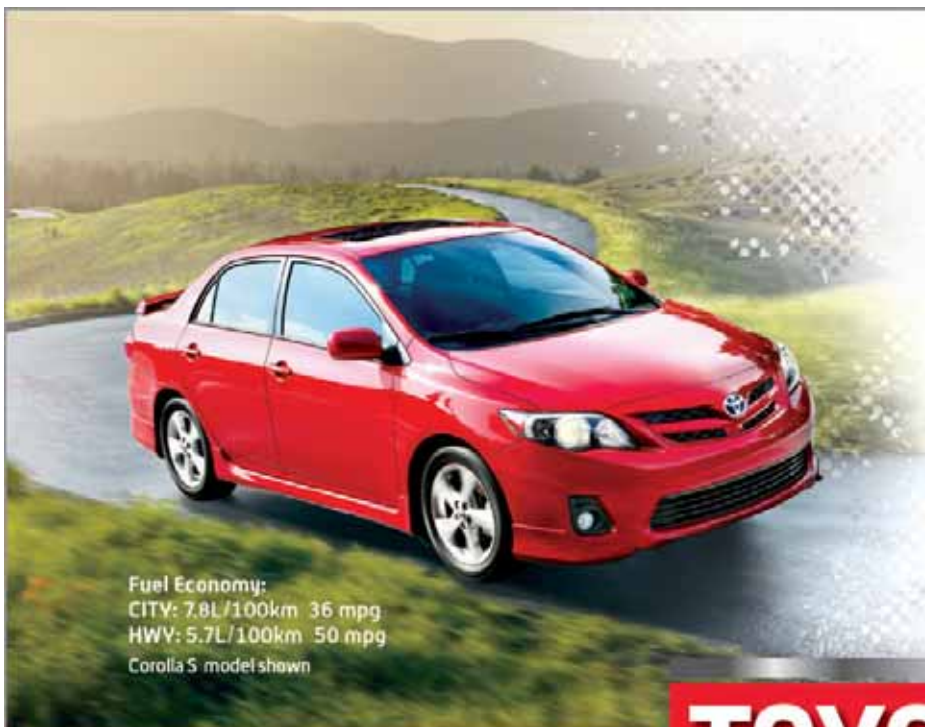
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SNOWDEN'S NEXT MOVE A BLOCKBUSTER

This week's Metro List proves, once again, that life imitates art, truth is stranger than fiction, and I'm not making any of this up.

1 Superman is dating Penny from The Big Bang Theory. Great Caesar's ghost! Man of Steel Henry Cavill (although some critics who have seen the latest Superman movie call him the Man of Lead) is dating Kaley Cuoco, who plays Sheldon Cooper's desirable but dumb neighbour on the sitcom that made it OK to wear a pocket protector and tape on your glasses.

2 The Lone Ranger and his sidekick, Captain Jack Sparrow. I have a confession to make. I am old enough to remember when the Lone Ranger was my most favourite show in the whole world... on radio. And then one day, my dad came home with a TV. I thought it was a miracle that I could see Tonto — for real. But the real miracle is the new movie version and Johnny Depp



THE METRO LIST
Paul Sullivan
metronews.ca

who has turned the painfully earnest Tonto into a wisecracking, walking totem pole of comic relief with a dead bird on his head. Not just feathers, mind you, but the whole bird.

3 The ballad of Edward Snowden. They seek him here, they seek him there, that damned elusive whistle blower. Now, the next place we may see him is on the big screen. Director Phillip Noyce has a novel way of, er, looking at it: "A movie that's playing out before our eyes, even though we can't see anything." Of course, Snowden's 'look' will undergo a transformation. Noyce wants Liam Hemsworth in the starring role, who looks more like the hunk in the Hunger Games than Snowden, who looks more like the unashamedly geeky wunderkid Sheldon Cooper.

Of course, these days, Snowden's more like Waldo, as in "where's Waldo?"

4 Home-grown Helter Skelter. All terrorists aren't created equal. Some, like the self-styled Surrey-based jihadists Mujahid and Pirate NinjaCat, a.k.a. John Nuttall and his sidekick Amanda Korody, don't have the jam to clean the cat litter box. According to one erstwhile acquaintance, the couple, who were arrested for trying to plant Canada Day improvised explosive devices at the B.C. Legislature, were even thrown out of a local mosque — for worshipping weirdly. They lived in complete squalor and appear to spend their spare time paint-balling the TV into submission.

5 You think that was weird? How about this? Two generations of really bad tunes came together over the weekend when Chad Kroeger, the main perp of Nickelback, and one-hit wonder Avril Lavigne got married in secret in Mandelieu in the south of France. There was actually no reason for them to get married in secret. It's not like they were Kim Kardashian or somebody really, like, famous.

Follow The Metro List on
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ZOOM

Teacher, disco garb stayin' alive

Texas man's school photos go viral

Dallas teacher Dale Irby and his disco-style wardrobe are rocking the Internet.

For 40 years, the recently retired Texas school teacher has

worn the same outfit in every school picture: A groovy polyester shirt and toffee-coloured V-neck wool sweater vest.

"Hilarious," was a word often repeated on Twitter as his story went viral. "Can't stop

smiling," said another.

Irby, who lives in Garland, Texas, recently retired as a gym teacher from Prestonwood Elementary School, along with his wife, Cathy, whom he met when they were first-year teachers in Dallas back in 1973.

The 63-year-old Irby has dressed the same way for every yearbook photo since that year, and the images of him in those treasured garments have shot around the world on the Internet and on YouTube.

TORSTAR NEWS SERVICE

From embarrassing to hilarious

In 1974, Irby was embarrassed to discover that he had mistakenly worn the same shirt and vest as he did the year before. However, his wife dared him to repeat. Then Irby thought five would be funny. TORSTAR NEWS SERVICE

See my vest

"After five pictures ... it was like: 'Why stop?'"

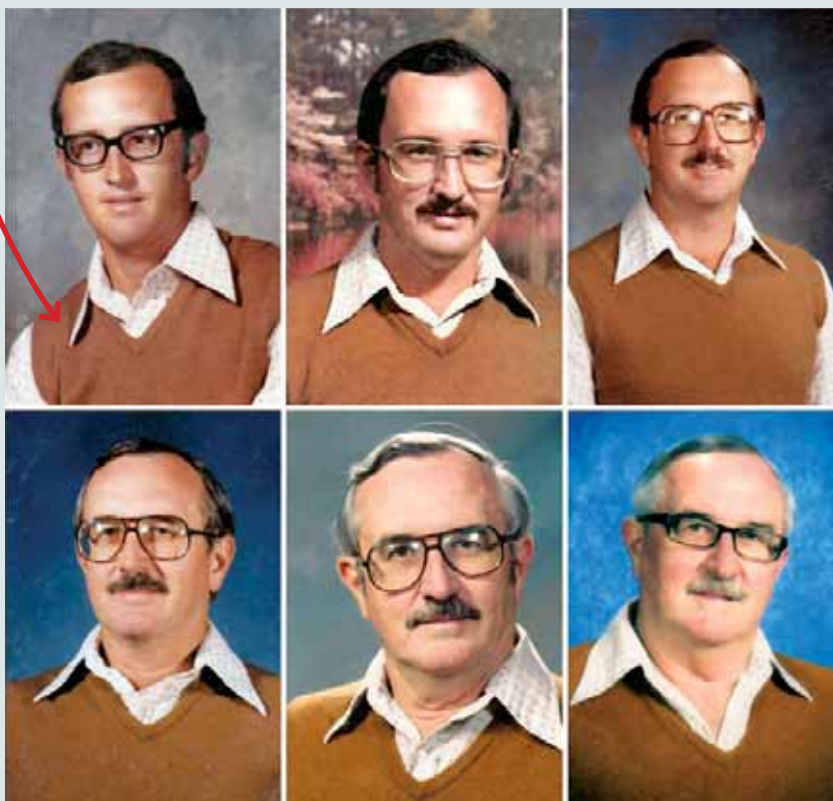
Dale Irby told the Dallas Morning News

Hanging up sweater vest for good

Then five turned into 40. Even as he got older, the sweater and shirt combo still fit. "Uh, yeah, if I suck it in a little," he said.

Irby says the sweater vest and shirt will also retire — to the back of his closet.

TORSTAR NEWS SERVICE



DALE IRBY/THE DALLAS MORNING NEWS/THE ASSOCIATED PRESS

Clickbait



ANDREW FIFIELD
andrew.fifield@metronews.ca

Summer's more sweltering days lurk around the corner, so why not prep for a little mobile gaming in air conditioned spaces? Here are three gems from June.

Icebreaker - A Viking Voyage:

Backed by Angry Birds publisher Rovio's imprimatur, Icebreaker bravely enters the crowded physics puzzler field. While it's easy to tell the game is built on the shoulders of early classics like Cut The Rope, it quickly blooms into a wickedly funny world of varied levels with biting winds, dark magic and troll snot among their hazards. (iOS and Android/\$0.99)

Home:

It's astonishing how unnerving the atmosphere in this horror game is, given the deliberately primitive graphics. Paired with a decent set of headphones, Home's series of disturbing discoveries should keep you gripped from the first second. A caveat if you're still angry about The Sopranos finale: The story design is inten-



tionally vague and the ending provides more questions than answers. (iOS/\$2.99)

Agricola:

The latest board game to get some digital love, Agricola puts you in charge of a farm. Keep your family from starving and figure out your livestock strategy (there's an action-packed term) to keep ahead of your rivals. The tutorial may be a bit dizzying for noobs, but Agricola is well worth the brain power. (iOS/\$6.99)

Letters and Comments

RE: Unpaid Internships? \$8 An Hour? The Beer Commercials Lied To Me! Published July 4

I'm sure this was an attempt at humour, but I imagine readers from 18 to 80 would find this story of-fending. Slacked at his jobs, thought customers were idiots, and is now happy in a job where he is hated. What's the point. What does this say about Metro readers? Are they idiots too?

Bob Peters, Winnipeg

Things surely changed in 10 years!

From what I see, most kids are spoiled and depend heavily on their parents. They complain that school is too hard and can't handle working part-time while in school. Yet, they seem to have plenty of time to drink and socialize with their \$500 phones. Most of these kids can't even maintain a conversation without taking a peek at their phone.

All this to say that it would be super easy to be a young graduate these days since it wouldn't take much to outclass the competition!

Skippy76 posted to metronews.ca

WE WANT TO HEAR FROM YOU:

Send us your comments: halifaxletters@metronews.ca

Synopsis

In the 186 days that have passed since the Reel Guys drank too much champagne on New Year's Eve, Iron Man 3 has made more money than the GNP of some small countries, Fast & Furious 6 was faster and more furious than the previous five Vin Diesel car crazy movies and The Hangover Part III left us with a headache. At the midway mark of the year the Reel Guys look back at the best of the first six months of 2013.

Reel Guys

RICHARD
CROUSE AND
MARK BRESLIN



Warm Bodies is a zombie metaphor for awkward teen love — and a pretty well performed one at that. HANDOUT

The best of 2013 so far

Reel Guys approved.

At the halfway point of the year, Richard Crouse and Mark Breslin pick their favourite flicks of the last six months

Richard: Mark, it's been a weird year. Things that I was really looking forward to, like Melissa McCarthy and Jason Bateman in Identity Thief, fell really flat, but other things like the off-the-radar The Purge turned out to be really good fun. From the early part of the year I'd choose Warm Bodies, a zom com that is essentially one joke — the zombie as a metaphor for

awkward teenager love — but a pretty good one and well performed. What about you?

Mark: Two blockbuster movies impressed me: Iron Man 3 and Star Trek: Into Darkness. But my two favourite movies of the year were Side Effects and Trance. Both were Hitchcockian thrillers that started out as one thing but cleverly morphed into something else. But I've always enjoyed mind games, Richard, as any of my detractors will tell you.

RC: I liked both Side Effects and Trance, but as far as thrillers go my pick of the litter would be The Bay, an eco-apocalypse horror movie from Diner director Barry Levinson. He assembles an eye-catching array of fictional

news footage, phone camera images, surveillance videotape, Skype and "homemade" videos to tell the story and it will make you think twice before ever drinking tap water again!

MB: The Bay was interesting, although unfortunate product placement for the store. I liked The Great Gatsby a lot, although I knew the story all too well. The Place Beyond the Pines is an ambitious sprawling movie that has three connecting stories. The whole is less than the sum of its parts but most of it is worth its loooooong running time.

RC: My two favourite films so far this year have been Frances Ha and Before Mid-

night. Frances Ha stars the transcendent Greta Gerwig as a 20-something dancer trying to make it in New York City. Warm and charming, it captures the vagaries of a mostly rudderless life. Another movie I hope to watch over and over is Before Midnight, the third film in the Ethan Hawke-Julie Delpy relationship trilogy. Done with humour, heart and pathos, often in the same scene, it is a poignant farewell to two characters who grew up in front of us.

MB: I liked Frances Ha and I think it's the breakthrough role Gerwig has been looking for. But it was very similar to last year's Lola Versus, which I found funnier though not as artful.

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2 SCENE

A long, long road for The Way, Way Back

Simmering script.

The Descendants co-creators spent years trying to get their coming-of-age screenplay picked up

Jim Rash and Nat Faxon are arguably best known for aping Angelina Jolie — and her outstretched leg — at the 2012 Oscars.

Upon winning best adapted screenplay for *The Descendants* with director Alexander Payne, Rash settled into a proud pose, right leg extended for all to see, while Faxon adopted a less pronounced stance.

It was a pivotal moment that catapulted the duo into a new sphere of celebrity and Internet infamy.

Now they're hoping to become even better known for their directorial debut, the coming-of-age dramedy *The Way, Way Back*.

"It's this weird circle of life with this movie," Rash says of the film's long road to the big



The Way, Way Back is rooted in writer Jim Rash's own childhood sense of inadequacy. HANDOUT

screen during a recent visit to Toronto.

He notes their script for *The Way, Way Back* bounced around Hollywood for years, eventually catching the attention of Payne.

The Sideways writer/director wasn't interested in making the film, but he was interested in hiring its writers for his own project, *The Descendants*.

Of course, that collaboration

led to the Oscar, which in turn revitalized efforts to actually make *The Way, Way Back*.

"This movie did get us in the door, at least to have a meeting with *The Descendants*, and ultimately to get the job. And then from that journey to the Oscar it has allowed us to open this back up, which has been an eight-year journey," the slim, bespectacled Rash says while seated alongside a tanned

Faxon.

"When it gets too long in the foot, I think sometimes scripts sort of get forgotten about, you know, unless you really persevere and keep pushing."

To a certain degree, Rash and Faxon are used to being underdogs.

Their day jobs involve starring in low-rated but celebrated comedies — Rash on the little-seen but critically adored sit-



Nat Faxon, left, and Jim Rash.
THE ASSOCIATED PRESS

com *Community*, and Faxon on the short-lived but warmly received sibling comedy *Ben and Kate*.

Before that, the longtime collaborators — alumni of L.A.'s famed Groundlings improv company — developed TV projects for years but were never able to get something for themselves on the air.

Rash notes that *The Way, Way Back* is rooted in his own childhood sense of inadequacy,

taking its opening scene directly from an actual exchange he had with his stepfather at age 14.

"He asked me what I was on a scale from 1 to 10. I said 6 at the time, thinking that was very humble and a nice place to aim for. And he said I was a 3," he recalls.

"And then he went on to say that it was about me not taking advantage of our summer vacations in the sense that there were families with kids that I could meet and (I could) open up more in my life," continues Rash, who appears in the film as an eternally dissatisfied water park employee.

"(I like) the idea of something that seems harsh and dramatic and hurts us at one moment becomes enlightening and funny and a you-needed-it-to-happen moment much later."

The Way, Way Back opens in Toronto today, in Vancouver on July 12, and in Calgary, Edmonton, Halifax, Ottawa, Victoria and Winnipeg on July 26.

THE CANADIAN PRESS

THESE PAGES COVER MOVIE START TIMES FROM FRI., JULY 5 TO THURS., JULY 11 TIMES ARE SUBJECT TO CHANGE.

Bayers Lake 190 Chain Lake Dr.

Despicable Me 2 (STC) Digital, Dolby Stereo, Stadium Seating Fri-Thu 12:15-1:30 3:15-4:30 6:45-7:45 10:15
Despicable Me 2 3D (STC) Stadium Seating, Dolby Stereo Fri-Thu 1:4-7:15-9:45
Grown Ups 2 (STC) Digital, Dolby Stereo, Stadium Seating Thu 7:30-10:10
The Heat (STC) Digital, Dolby Stereo, Stadium Seating Fri-Thu 12:35-12:50-3:35-3:50-6:35-6:50-9:15-10:30
The Internship (PG) Digital, Dolby Stereo, Stadium Seating Fri-Thu 1:15
The Kings of Summer (STC) Digital, Dolby Stereo, Stadium Seating Fri-Thu 1:25-10:30
The Lone Ranger (STC) Digital, Dolby Stereo, Stadium Seating Fri-Thu 12-12:45-3:45-6:30-7:10-10
Man of Steel (PG) Digital, Dolby Stereo Fri-Thu 12:40-3:55-7:05-10:10
Monsters University (G) Digital, Dolby Stereo, Stadium Seating Fri-Thu 1:20-4:20-7:10-9:40
Monsters University 3D (G) Dolby Stereo, Stadium Seating Fri-Thu 12:30-3:20-7:35-10:20
Now You See Me (PG) Digital, Dolby Stereo, Stadium Seating Fri-Wed 1:05-4:05-7:20-10:05 Digital, Dolby Stereo, Stadium Seating Thu 1:05-4:05-10:05
Star Trek Into Darkness (PG) Digital, Dolby Stereo, Stadium Seating Fri-Wed 4:25-10:25
Star Trek Into Darkness 3D (PG) Dolby Stereo, Stadium Seating Fri-Tue 7:25
Dolby Stereo, Stadium Seating Thu 4:25
This Is the End (18) Digital, Dolby Stereo Fri-Thu 12:25-3:25-6:55-9:25
White House Down (STC) Digital, Dolby Stereo, Stadium Seating Fri-Thu 1:10-4:10-7:30-9:30
World War Z (14) Digital, Dolby Stereo, Stadium Seating Fri-Thu 3:45-7:30-10:20

World War Z 3D (14) Dolby Stereo, Stadium Seating Fri-Thu 12:10-3:10-6:20-9:05

Imax

190 Chain Lake Dr.

Man of Steel: An IMAX 3D Experience (PG) Dolby Stereo, Stadium Seating Fri-Tue 12:20-3:30-6:40-9:50 Dolby Stereo, Stadium Seating Wed 12:20-3:30-9:50 Dolby Stereo, Stadium Seating Thu 12:20-3:30-6:40
Pacific Rim: An IMAX 3D Experience (STC) Dolby Stereo, Stadium Seating Thu 10

Oxford Theatre 6408 Quinpool Rd.

Before Midnight (14) Fri 6:30-9 Sat-Sun 4-6:30-9 Mon-Thu 6:30-9
West Side Story (STC) Sat-Sun 1

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Despicable Me 2 (STC), Stadium Seating Fri-Thu 12:40-9:55
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Man of Steel 3D (PG) Stadium Seating Fri-Thu 12:15-6:15
Much Ado About Nothing (PG), Stadium Seating Fri-Wed 3:55-9:35, Stadium Seating Thu 3:55
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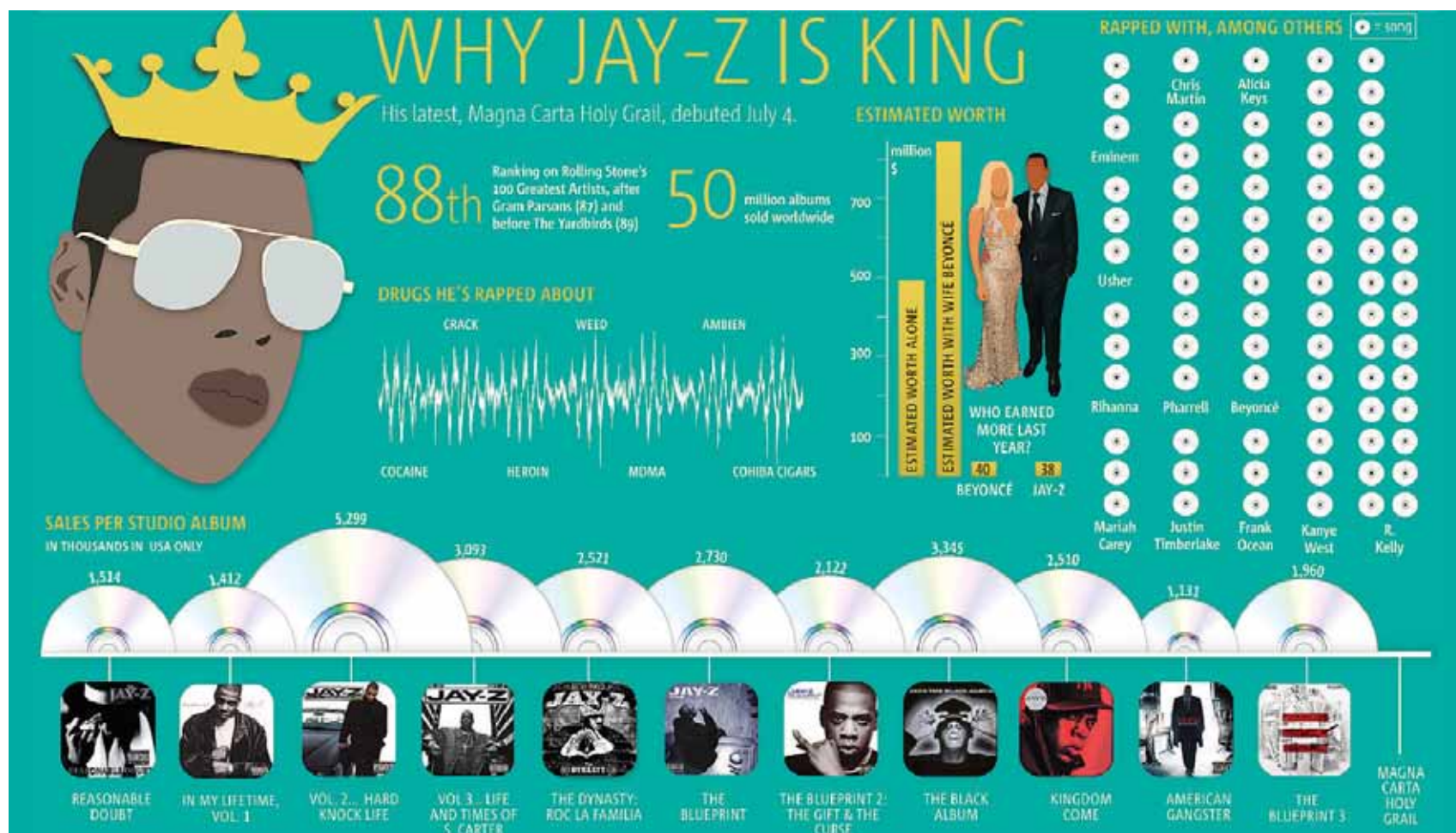
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World War Z 3D (14) Fri 6:40 Sat-Sun 3:15-6:40 Mon 6:40 Tue 3:15-6:40 Wed-Thu 6:40



Viewers beware — not all videos are harmless

Be careful, people. These are vicious



SOUND CHECK
Alan Cross
scene@metronews.ca

Came Back Haunted/ Nine Inch Nails

The video for the first single from September's *Hesitation Marks* was directed by David Lynch. Before you watch it make sure to read the health warning that comes with it. You heard me.



Better Energy/ Moones

Using YouTube's annotations feature, you can control how drunk the UK band gets in this video. This one should come with a health warning, too. Then again, these guys are trained rock stars.

Personal Yeezus (Depeche Mode vs. Kanye West)/Dan Chamberlain

This was inevitable, wasn't it? Personal Jesus works insanely well with Black Skinhead.



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Matthew Perry ALL PHOTOS GETTY IMAGES

I'll be there for you: Perry pays it forward by opening home to addicts

Matthew Perry knows what it's like to hit rock bottom. He famously struggled with alcoholism and drug addiction during his *Friends* heyday. "Eventually things got so bad that I couldn't hide it, and then everybody knew," he told *People*.

Perry sought help, went to rehab, and got his addictions under control. He's recently decided to help others complete the same journey — he's turning his

Malibu beach house into a men's sober living facility called Perry House. "It's nice for people to see that somebody who once struggled in their life is not struggling anymore," he said.

This is an incredibly generous and thoughtful gesture by the actor. Hopefully the neighbours will agree. Something tells me that Malibu beach dwellers aren't used to living next to rehab facilities.

METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

The Word



Mile-high heartbreaker: Sleeping star still gets stares

MELINDA
TAUB

Metro World News in New York

Call it "the curse of the adorbs." Eddie Redmayne, star of such films as *Les Misérables* and *My Week with Marilyn*, is a singing ginger with a cute British accent and a perpetually

goofy, lovelorn expression. Of course women flock to him even when he's out cold.

Eddie was on a plane recently and attracted quite the following. "I fell asleep, and when I woke up the man next to me asked, 'Excuse me, are you someone important?' I must have looked confused. He explained: 'I'm asking because the stewardesses came over and were watching you sleep,'" he told *GQ*.

Don't get a big head about it, Eddie. They'd probably do that for any member of the *Les Misérables* cast.



Beyoncé and Jay-Z

Uncle Jay and Auntie Bey: North West gets nothing but best from parents' pals

North West is sure sitting pretty. Not only are her parents a Kardashian and a Kanye — neither exactly known for being restrained consumers — but she's got family friends like Jay-Z and Beyoncé to spoil her too.

The couple spent thousands on baby gifts for little North, a source close to the couple told the Sun. Gifts reportedly included person-

alized Christian Dior baby booties and an engraved sterling silver Elsa Peretti Padova baby set from Tiffany's, according to the Sun.

Apparently they brought their own daughter, Blue Ivy, over to meet North, as Blue is "old enough now to be really interested in babies." And, presumably, in plotting world domination with her fellow princess of pop.

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Liquid Assets

Washington dreamin'



LIQUID ASSETS
Peter Rockwell
@therealwineguy
liquidassets@eastlink.ca

California casts a shadow that makes it hard for anyone pressing grapes in other U.S. states to get noticed. So, though wine is made everywhere across the country, odds are you've only had Cali juice.

While there may be more exotic vine-growing locales, one of the coolest is Washington state — especially its Columbia Valley. I'm talking Clint Eastwood cool, folks. The landscape east of the Cascade mountain range reminds me of the backdrop for one of his spaghetti westerns.

How do they grow grapes in a desert? It's all about water management and some innovative cultivation techniques that have secured Washington the number two spot in wine production behind The Golden State.

Single varietal Washington reds typically have a robust, meatiness to their flavours and really show off the rustic personality of their terrior. That attractive forwardness is tempered in mega combinations of grapes, like 14 Hands Vineyards' 2010 Hot To Trot Red Blend (\$15.25 to \$19.99) — a merlot-led fruit-bomb that will charm grilled meats and open your palate to alternative American wines.

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Rewrite the salsa rules

With all of summer's bounty, there are plenty of fresh fruits and vegetables that make fantastic salsas. Scoop them up with chips or crackers, or add them to sandwiches, salads, burgers and tacos.

THE ASSOCIATED PRESS



Strawberry-Fennel Salsa

- 1 fennel bulb, chopped
- 1 1/2 cups strawberries, hulled and diced
- 1 medium shallot, minced
- 2 tablespoons white balsamic vinegar or sherry vinegar
- 2 tablespoons fresh tarragon, minced
- 1/2 small hot pepper (such as jalapeno), minced
- Salt and ground black pepper

In a medium bowl, mix together the fennel, strawberries, shallot, vinegar, tarragon and hot pepper. Season with salt and pepper.

Apple-Pepper Salsa

- 1 large crisp-tart apple (such as Fuji or Gala), cored and chopped
- 2 bell peppers (any colour), cored and chopped
- 1 jalapeno pepper, chopped
- 1 clove garlic, minced
- 1/4 cup chopped fresh mint
- 1/4 cup chopped fresh cilantro
- 2 tablespoons cider vinegar
- 1 tablespoon lime juice
- Salt and ground black pepper

In a medium bowl, toss together the apples, peppers, jalapeno, garlic, mint, cilantro, vinegar and lime juice. Season with salt and pepper.

Cucumber-Corn Salsa

- 2 ears of corn, husks and silk removed
- 1 large cucumber, peeled, seeded and chopped
- 2 stalks celery, chopped
- 4 scallions, thinly sliced
- 2 tablespoons chopped fresh dill
- Zest and juice of 1 lemon
- Hot sauce, to taste
- Salt and ground black pepper

Cut kernels from ears of corn. To do this, one at a time stand each ear on its wide end and use a knife to saw down the length of the cob. In bowl, combine the corn, cucumber, celery, scallions, dill, and the lemon zest and juice. Season with a splash of hot sauce, salt and pepper.

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Roses are red, violets are yummy: an edible flower primer

Adding edible flowers to your repertoire is the quickest way to class up any situation. Throw them in ice cubes for a glam garden-party-worthy cocktail, sprinkle them over salads for colour and texture or use them as flavour-packed garnishes and immediately put your plates on par with some of the best in town. **CASSANDRA LANDRY, METRO WORLD NEWS IN NEW YORK**

Violets

Velvety and slightly sweet, with a bit of fennel on the finish. These are fantastic raw but are showstoppers when coated in sugar and used as a dessert garnish.



Dandelions

Sweet, honey-like flavour. Yep, those yellow flowers you wasted your time making into garlands are awesome in salads. Pick them when they're young — mature blossoms are bitter.

Carnations

Softly sugary, with a hint of clove or nutmeg. Carnations have edible petals that work well in desserts and savoury dishes. To use, cut the petals away from the bitter white base of the flower.



Herb flowers

These taste like brightly concentrated versions of the herbs they came from. Basil puts forth dramatic spiky flowers and cilantro resembles little white mini-bouquets.

Nasturtiums

Peppery, with a bite reminiscent of watercress. These fiery orange blossoms are beloved for their subtle spice, striking visuals and easy access. They grow easily and many farms offer them as well.



Alliums

Flowers from this family of plants — including garlic and leeks — are usually light purple and have a bit of an onion flavour. Usually found on salads and more, they rank high on the esthetics scale.

Haute cuisine for Fluffy is to die for (nine times)

Cat food. Forget dry bites, this dish contains tender roast duck, lobster sushi and a light garnish of Beluga caviar

KIERON MONKS
Metro World News

British award-winning restaurateur Simon Rimmer has created a "once-in-nine-lifetimes" treat with gourmet meals for the discerning feline. Featuring lobster, beluga caviar and beetroot sauce, the \$38.06 meal has been described as "the world's most luxurious cat food," and its creator told us all about it.

Did cats really appreciate the butternut squash?

This was all done with a vet to make sure the portion sizes were acceptable to them, and the textures worked really well. They love root vegetables if they are squashed up enough. My cat Glynda hated the squash but loved the beetroot purée. She lapped it up.

I was always told not to feed cats from the table. Are you ripping up that golden rule?

I agree with that rule, this is a one-off. You can't feed animals a human diet.

Is Glynda sulking now she's back on the tinned food?

She's fine with it. She liked it but is more of a dried food kind of girl.

Do you think in the Internet era we have made cats into gods?

I think a small minority do elevate them to that level but we do a similar thing with kids. There has to be a place for pampering.

Having tested fine dining, can we now try getting cats drunk on champagne?

There's a huge difficulty with levels of sweetness and acidity, and a huge difference between liquids and solids. The best drink should always be water.

So, 'don't try this at home' I take it?

It's huge fun. We're highlighting that people love to look after their pets and there are many things you can feed them one time. But never treat



Celebrity chef Simon Rimmer is pictured treating Baggy the cat to "Chat Delices": the first-ever fine dining dish for felines and the most luxurious cat food in the world. HANDOUT

them as human or feed them something that hasn't been checked for size of portion. The

obesity level in pets is alarming.

What novelty dishes are you

considering for next time? Something with a venison carpaccio.

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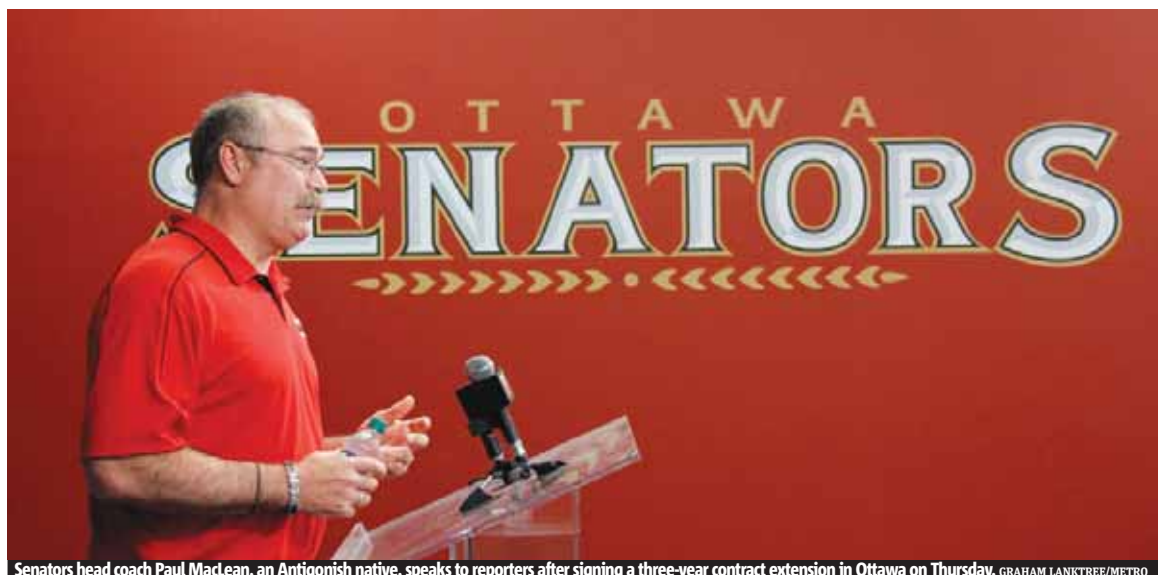
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Senators head coach Paul MacLean, an Antigonish native, speaks to reporters after signing a three-year contract extension in Ottawa on Thursday. GRAHAM LANKTREE/METRO

Capital gain: MacLean re-signs in Ottawa

NHL. Bluenoser rewarded for Jack Adams Trophy season with 3-year extension



GRAHAM LANKTREE
Metro in Ottawa

The top coach in the NHL signed on for three more years with the Ottawa Senators Thursday as team captain Daniel Alfredsson's re-

turn looked less and less like a done deal.

The Senators announced Thursday that Antigonish native Paul MacLean had signed a three-year contract extension with the team.

"We feel that with our young, good players that we're a team on the rise," said MacLean, who won the Jack Adams Award as the NHL's coach of the year on June 14.

"This is what I wanted. It's been a lot of fun. I like my coaching staff and the way we work together. I feel that

they're one of the best scouting staffs in the league."

Still, MacLean said that he's "nervous" about the coming season. "We have to come back and do it again. Is it going to be easy? No. It's going to be harder."

Things might be even more difficult without captain Alfredsson, who becomes a free agent Friday. The team's general manager, Bryan Murray, said Thursday that the longtime Senator, who joined the team in 1995, has "five or six offers he will be looking at

with other teams."

"I didn't realize it was such a big issue. We're going to get it done, I would assume," said Murray. The GM said he believes the team will take it one year at a time with contracts for the long-time player.

Maclean said that he has no contingency plan if Alfredsson leaves the team.

"No. We're not making any contingency plans," he said. "That will get settled. I'm just scared for myself and what I have to do."

Hockey

MacDonald takes first step toward Ivan Hlinka spot

Halifax's Mason MacDonald was one of 42 players named to the Canadian men's under-18 hockey selection camp on Thursday.

The 17-year-old netminder with the Bathurst Titan will be trying to earn one of the two goalie positions on Team Canada, which will compete at the Ivan Hlinka tournament from Aug. 5-10 in Piestany, Slovakia, and Breclav, Czech Republic.

Canada has won the event five years in a row.

Forward Clark Bishop of the Cape Breton Screaming Eagles was also among the nine players from the QMJHL to be selected.

Halifax Mooseheads head coach Dominique Ducharme is an assistant coach for the club. **METRO**

NHL

Flyers ink Giroux to 8-year extension

Philadelphia Flyers captain Claude Giroux agreed to an eight-year extension worth over \$64 million Thursday, according to a person familiar with the negotiations. The person spoke to The Associated Press on the condition of anonymity because the contract has not been signed.

THE ASSOCIATED PRESS



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Seguin wears out his welcome in Beantown

NHL. Bruins trade young star to Stars in seven-player deal

Tyler Seguin is headed to the Dallas Stars in a trade less than a week after Boston's general manager criticized the former No. 2 overall pick as needing to be a "better pro."

Seguin was sent to the Stars on Thursday in a seven-player deal also highlighted by steady forward Loui Eriksson joining the Eastern Conference-champion Bruins.

Dallas got forward Rich Peverley and defenceman Ryan Button, while the Bruins acquired forwards Matt Fraser and Reilly Smith, and defence-



Tyler Seguin is headed to Dallas in a seven-player trade. GETTY IMAGES FILE

man Joe Morrow.

It was the first major move for new Stars general manager Jim Nill, who addressed the team's need at centre with Se-

guin, the No. 2 pick in 2010, and Peverley. The trade will allow Dallas's leading scorer, Jamie Benn, to move to his more natural spot at wing.

"Tyler is a dynamic player that will be a part of our core group for a long time to come," Nill said. "A player at his age, position and talent level (is) extremely difficult to acquire and we're thrilled to bring him into our organization."

Seguin, 21, won the Stanley Cup with the Bruins as a rookie and was their leading scorer and an all-star a year later. He dropped to a tie for third on the team in scoring during this past season's run to the Stanley Cup finals. Boston lost to Chicago in six games.

THE ASSOCIATED PRESS



Lisicki en route to 1st final

Sabine Lisicki reacts after defeating Agnieszka Radwanska during their women's singles semifinal match at Wimbledon, Thursday. Lisicki advanced to her first Wimbledon final a couple of hours after Marion Bartoli reached her second. ANJA NIEDRINGHAUS/THE ASSOCIATED PRESS

MLB

Tigers thump plunging Jays

Justin Verlander threw seven shutout innings and Austin Jackson hit a two-run homer and scored four times as the Detroit Tigers crushed the Toronto Blue Jays 11-1 on Thursday night at Rogers Centre.

Verlander (9-5) allowed just three hits and two walks while striking out five. Detroit (46-38) won the last three games of the four-game set to hand the Blue Jays their first home series loss in over two months. THE CANADIAN PRESS

Soccer

Canadian men's team to hire Floro

Veteran Spanish manager Benito Floro is expected to be introduced Friday as coach of the Canadian men's soccer team.

Floro, 61, has a lengthy resumé that includes being in charge of Spanish giant Real Madrid from 1992 to 1994. THE CANADIAN PRESS

MLB

AMERICAN LEAGUE

EAST DIVISION

	W	L	Pct	GB
Boston	53	34	.609	—
Baltimore	48	38	.558	4½
New York	46	39	.541	6
Tampa Bay	46	40	.535	6½
Toronto	41	44	.482	11

CENTRAL DIVISION

	W	L	Pct	GB
Detroit	46	38	.548	—
Cleveland	45	40	.529	1½
Kansas City	40	42	.488	5
Minnesota	36	46	.439	9
Chicago	34	48	.415	11

WEST DIVISION

	W	L	Pct	GB
Oakland	50	36	.581	—
Texas	49	36	.576	½
Los Angeles	40	44	.476	9
Seattle	37	48	.435	12½
Houston	31	55	.360	19

Thursday's results

Boston 8 San Diego 2
Chicago White Sox 3 Baltimore 2
N.Y. Yankees 9 Minnesota 5
Tampa Bay 7 Houston 5 (11 inn.)
Kansas City 10 Cleveland 7
Oakland 1 Chicago Cubs 0
Detroit 11 Toronto 1
Texas 5 Seattle 4
St. Louis at L.A. Angels

Friday's games — All times Eastern

Detroit (Porcello 4-6) at Cleveland
(Masterson 10-6), 7:05 p.m.
Baltimore (Gonzalez 6-3) at N.Y. Yankees
(Nova 2-2), 7:05 p.m.
Minnesota (Correia 6-5) at Toronto
(Buehrle 4-5), 7:07 p.m.
Chicago White Sox (Axelrod 3-4) at Tampa Bay (Hellickson 7-3), 7:10 p.m.
Houston (Harrell 5-8) at Texas (Tepesch 3-6), 8:05 p.m.
Oakland (Milone 7-7) at Kansas City (Davis 4-6), 8:10 p.m.
Boston (Doubtrant 4-3) at L.A. Angels
(Wilson 8-5), 10:05 p.m.

NATIONAL LEAGUE

EAST DIVISION

	W	L	Pct	GB
Atlanta	49	36	.576	—
Washington	43	42	.506	6
Philadelphia	41	45	.477	8½
New York	35	47	.427	12½
Miami	32	52	.381	16½

CENTRAL DIVISION

	W	L	Pct	GB
Pittsburgh	52	32	.619	—
St. Louis	50	33	.602	1½
Cincinnati	49	36	.576	3½
Chicago	36	47	.434	15½
Milwaukee	34	50	.405	18

WEST DIVISION

	W	L	Pct	GB
Arizona	44	41	.518	—
Colorado	42	44	.488	2½
Los Angeles	40	44	.476	3½
San Diego	40	46	.465	4½
San Francisco	39	45	.464	4½

Thursday's results

Washington 8 Milwaukee 5
San Francisco at Cincinnati (ppd.)
Arizona 5 N.Y. Mets 4 (15 inn.)
Philadelphia 6 Pittsburgh 4
Miami 4 Atlanta 3
Colorado 9 L.A. Dodgers 5
Friday's games — All times Eastern
Pittsburgh (Liriano 7-3) at Chicago Cubs
(Samarzija 5-7), 4:05 p.m.
San Diego (Cashner 5-3) at Washington
(Gonzalez 5-3), 7:05 p.m.
Atlanta (Hudson 4-7) at Philadelphia (Lee 9-2), 7:05 p.m.
Seattle (Harang 3-7) at Cincinnati (Leake 7-3), 7:10 p.m.
N.Y. Mets (Wheeler 1-1) at Milwaukee (Hollweg 0-1), 8:10 p.m.
Miami (Turner 2-0) at St. Louis (Westbrook 4-3), 8:15 p.m.
Colorado (De La Rosa 8-4) at Arizona
(Skaggs 1-1), 9:40 p.m.
L.A. Dodgers (Ryu 6-3) at San Francisco
(Bumgarner 8-5), 10:15 p.m.

CFL

EAST DIVISION

	GP	W	L	T	PF	PA	Pts
Winnipeg	2	1	1	0	52	49	2
Montreal	2	1	1	0	49	52	2
Toronto	1	1	0	0	39	34	2
Hamilton	1	0	1	0	34	39	0

WEST DIVISION

	GP	W	L	T	PF	PA	Pts
Saskatchewan	1	1	0	0	39	18	2
Calgary	1	1	0	0	44	32	2
B.C.	1	0	1	0	32	44	0
Edmonton	1	0	1	0	18	39	0

Thursday's results

Winnipeg 19 Montreal 11

Toronto at B.C.

Friday's game — All Times Eastern

Calgary at Saskatchewan, 9 p.m.

Sunday's game

Edmonton at Hamilton, 5 p.m.

MLS

EASTERN CONFERENCE

	W	L	T	GF	GA	Pts
Montreal	9	4	3	30	24	30
New York	8	7	4	25	24	28
Philadelphia	7	5	6	29	28	27
Kansas City	7	5	6	24	18	27
Houston	6	6	5	19	18	23
Chicago	6	7	3	18	23	21
Columbus	5	7	6	21	21	21
New England	5	5	6	19	14	21
Toronto FC	2	8	7	17	24	13
D.C.	2	13	3	8	29	9

WESTERN CONFERENCE

	W	L	T	GF	GA	Pts
Real Salt Lake	10	5	4	29	18	34
FC Dallas	8	3	7	27	22	31
Portland	7	1	9	28	16	30
Vancouver	7	5	5	27	25	26
Colorado	7	7	5	23	22	26
Los Angeles	7	7	4	25	21	25
Seattle	7	5	3	21	17	24
San Jose	5	8	6	20	30	21
Chivas USA	3	10	4	15	31	13

Thursday's results

Chivas USA 0 Dallas 0
Colorado 2 New York 0
Columbus at Los Angeles
Wednesday's results
Toronto FC 3 Montreal 3
Chicago 3 San Jose 2
Kansas City 1 Vancouver 1
Real Salt Lake 2 Philadelphia 2
Seattle 2 D.C. United 0



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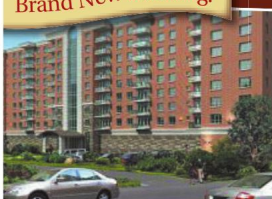
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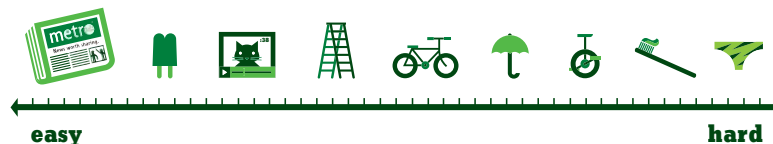
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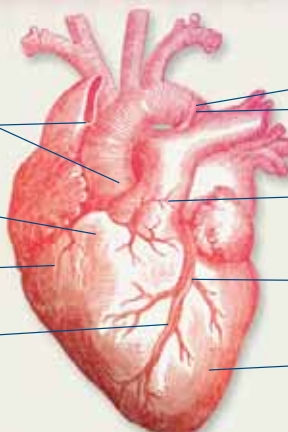
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Horoscopes

♈ Aries

March 21 - April 20

You know better than to ignore your instincts but not everyone is as switched on as you and a friend or relative is going to make a major mistake today. Be there for them.

♉ Taurus

April 21 - May 21

Don't worry if what you do today does not meet universal approval. If you aimed to please everyone, you would not get much done. And it would give them something else to moan about.

♊ Gemini

May 22 - June 21

Words can hurt as well as heal, so think before you speak today or you could severely bruise a loved one's ego. Having said that, don't go to the other extreme and say nothing at all.

♋ Cancer

June 22 - July 23

Your world looks pretty good at the moment but don't let that lull you into a false sense of security. Someone you do business with may try to rip you off over the next 24 hours.

♌ Leo

July 24 - Aug. 23

Some people you have been dealing with lately are clearly greedy, but that does not mean you have to sink to their level. Protect your interests but do so according to the rules.

♍ Virgo

Aug. 24 - Sept. 23

Unexpected events will throw you out of your stride today but in the greater scheme of things it's no big deal, so stay calm and stick with the program. You know what your target is — keep moving.

♏ Libra

Sept. 24 - Oct. 23

You will find it easy enough to explain your point of view today but that does not mean everyone will understand. The sad fact is not everyone shares your quickness of mind.

♐ Scorpio

Oct. 24 - Nov. 22

Anything is possible if you believe in it enough. The danger today is that certain well-meaning people may try to persuade you to lower your sights a little. Aim ever higher.

♑ Sagittarius

Nov. 23 - Dec. 21

There are so many good things going on in your world, so many opportunities waiting to be exploited, that it would be a crime to just sit there and do nothing. What is it that would please you the most?

♒ Capricorn

Dec. 22 - Jan. 20

Pluto in your sign places the focus on wealth, which means you need to take care when dealing with money matters. Don't think about how much you might make, think about how much you might lose.

♓ Aquarius

Jan. 21 - Feb. 19

Why is it that only you can see the answers? Why is it that everyone around you is blind to common sense? If you think like that then maybe the problem is really with you. People are different.

♈ Pisces

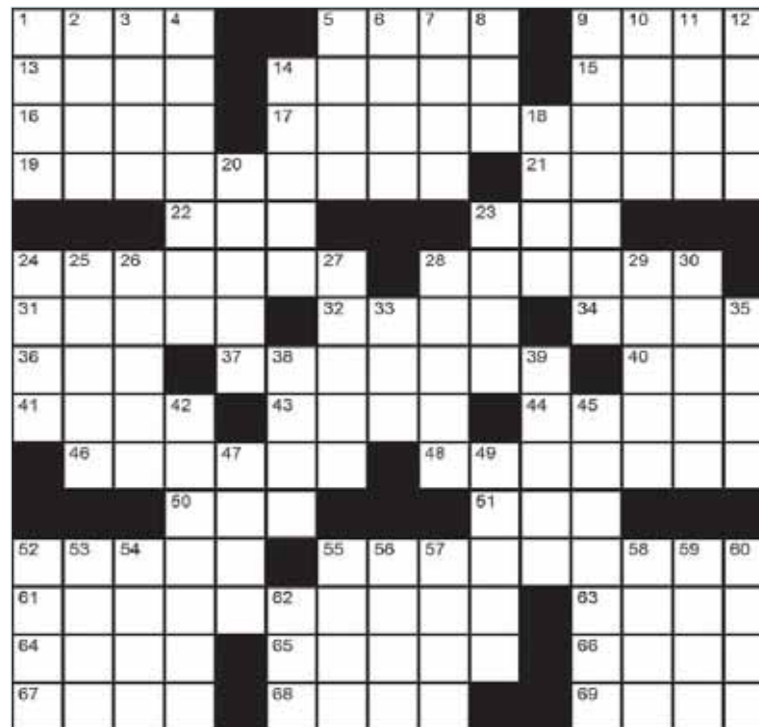
Feb. 20 - March 20

Love. Laughter. Learning. If you have these three things in your life then you are fortunate. What you learn today will make you laugh and the more you laugh the more you will love fellow man. SALLY BROMPTON

Crossword: Canada Across and Down

Across

1. Montreal International ___ Festival
5. CEO, fun-style
9. Simon and ___ (Members comprising the animated duo at #37-Across)
13. S-shaped moulding
14. John Wayne directed/starred in "The ___" (1960)
15. "... ___ a pudgy tat!" - Tweety Bird
16. 1812 Rossini comic opera, La Scala di ___
17. PEI's second-largest city
19. Place to rejuvenate or perhaps lose weight: 2 wds.
21. Acting honour
22. "___ We There Yet?" (2005)
23. Moo goo ___ pan (Take-out dish)
24. Battlefield of yore weapons
28. 14-line poem
31. "That Thing ___!" (1996)
32. Eight: French
34. Cultivate
36. Carol of covers
37. Canadian hit "Sucks to Be You" by ___
40. ___ crossroads: 2 wds.
41. Italian saint, Philip ___
43. Lake ___, it's a Great one



44. Dinner enjoyer
46. Berate: 2 wds.
48. Mayor of Toronto: 2 wds.
50. Director Mr. Mendes
51. Brit. fliers
52. After: French
55. Canadian comedy movie of 1979 set at

- summer camp
61. The ___ (Royal Highland Regiment) of Canada
63. Mr. Lendl of tennis
64. Twisted
65. ___ lunch
66. Ascend
67. Pre-riches duds
68. Writer Ms. LeShan,

- and others
69. Locale

Down

1. "W." (2008) star Mr. Brolin
2. James ___ (Pulitzer-winning writer)
3. Catherine ___ Jones
4. New ___ (Australia's
- neighbour)
5. +
6. Highway exit
7. Brit actress Ms. Thompson
8. Ms. Saldana
9. "___ You" by John Waite
10. Suffix to 'Arthr'
11. Russian car

See today's answers at metronews.ca/answers.

BY KELLY ANN BUCHANAN

12. Indebted person
14. Greyish
18. Reddish-brown
20. Soldiers group
23. "I ___ Name" by Jim Croce
24. Blue-green
25. Certain ISP user
26. ___ Sweet (Sugar substitute)
27. Hamilton-born comedian Martin
28. Thing that measures, say
29. Lyre-playing Muse
30. Someone schlepping
33. Type of submachine gun
35. Hospital wing
38. Paper quantity
39. BBQ sizzler, Shish ___ [var. sp.]
42. Bugs
45. Reasons for many divorces
47. Job
49. Prefix meaning 'Straight'
52. Shortened word
53. ___ bargain
54. Sounded the bell
55. Lucy Montgomery link
56. Ms. James of song
57. Performs on stage
58. Caesar's 57
59. Endure
60. Snick-or-___
62. Tribulation

Yesterday's Crossword



Sudoku

How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.

Yesterday's Sudoku



Today

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Variable

Saturday

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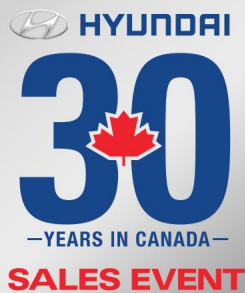
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12:30am Fierce Creatures

SATURDAY

8:30pm Fletch
10:30pm Revenge of the Nerds
12:30am Revenge of the Nerds 2

SUNDAY

8:30pm Four Weddings and a Funeral
10:30pm Overboard
1:00am Mallrats



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